

MINDSET SHIFT

Mark Horbinski

I thought about being disappointed that my child's team lost last night,
instead I thanked God he is healthy enough to play a game he loves.

I thought about being sad that my parents are struggling with their health,
instead I counted my blessings that they are still with me.

I thought about stressing over all of the bills I have that seem to never go away,
instead I focused on how lucky I am to have what I have.

I thought about feeling unfulfilled because of the many things I haven't done,
instead I smiled thinking of all of the things I have done.

My life is far from perfect
but it is pretty darn good.

Much love and positivity to all.
Savor each moment,
for the sands of your hourglass will eventually run dry.